

# PEA PROTEIN & MAGNESIUM CITRATE POWDER

Magnesium is necessary for muscle function, contributes to the proper functioning of the nervous system, regulates blood pressure, and has antioxidant properties. Along with vitamin D, it helps maintain strong bones and teeth. This food is an excellent source of magnesium. Vitamin B6 improves muscle function because it helps the body generate proteins, and it is necessary to release energy from the carbohydrates stored in muscles. This food contains Magnesium Citrate, Vitamin D, Vitamin B6, Avocado, Coconut and Spinach.

**SUGGESTED USE:**

1 serving (20g) daily or as needed.

**STORAGE:**

59°F to 77°F (15°C to 25°C); <65% Relative Humidity. Store in a cool, dry place, protected from direct light.

**INGREDIENTS:**

Pea protein powder, magnesium citrate (magnesium), avocado powder (avocado pulp, maltodextrin (sweetener)), coconut powder, spinach powder (spinach pulp, maltodextrin (sweetener), gum arabic (emulsifier)), citric acid (acidity regulator), ferrous gluconate (iron), artificial coconut flavoring, stevia, natural coloring, sodium benzoate (preservative), retinol palmitate (vitamin A), pyridoxine (vitamin B6), cholecalciferol (vitamin D).

**WARNINGS:**

Keep out of reach of children.

**Distributed by HH Processors**

## Supplement Facts

Serving Size: 1 serving (20g)

	Amount Per Serving	%DV
<b>Calories</b>	70	75%
<b>Cholesterol</b>	0g	0%*
<b>Total Carbohydrates</b>	6.1g	2.2%*
Dietary Fiber	1g	3.6%*
Total Sugars	1.3g	
Includes 1.3g added sugars		
<b>Protein</b>	12g	24%*
Vitamin A (as Retinol Palmitate)	93.87 mog RAE	12%
Vitamin D (as Cholecalciferol)	0.058 mog (2.35 UI)	0.3%
Vitamin B6 (as Pyridoxine)	0.0052 mg	0.3%
Iron (as Ferrous Gluconate)	7.78 mg	43%
Magnesium (as Magnesium Citrate)	228 mg	54%
Avocado Powder ( <i>Persea americana</i> )	1.000 mg	**
Coconut Powder ( <i>Cocos nucifera</i> )	1.000 mg	**
Spinach Powder ( <i>Spinacia oleracea</i> )	600 mg	**

\*Percent Daily Values based on 2,000 calorie diet.

\*\* % Daily Value (DV) not established.